

## medication related questions to ask your health care provider

By Ron Finley

□ Is a medication really necessary to treat this problem? Many conditions are amenable to nondrug therapy, or a dose of Tincture of Time.
☐ Are there any drug or food interactions I should be concerned about?
☐ How does this drug go through my body?
☐ Is that different than for a young person?
☐ How fast does this drug work and how soon can I expect a response?
☐ What are the most common side effects of this drug?
☐ What are, if any, serious side effects of this drug?
■ What happens if I miss a dose of this medication?
■ Will my insurance plan (formulary) cover the cost of this drug without an expensive co-pay?

