

## Medication History

A complete medication history will help improve drug therapy, minimize the risk of drug interactions as well as decrease the number of adverse drug events. Please answer all questions as thoroughly as possible. All answer's are confidential as part of your patient medical records. **\*\*Please bring all mediations to the first visit.\*\***

**Your Name:** \_\_\_\_\_

Person Completing this Form: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Primary Medical Provider: \_\_\_\_\_

Specialists? Neurologist: \_\_\_\_\_ Cardiologist: \_\_\_\_\_

Ophthalmologist: \_\_\_\_\_ others: \_\_\_\_\_

**Where do you get your prescription medications?** Please name below:

Community Pharmacy: \_\_\_\_\_ HMO (i.e. Kaiser): \_\_\_\_\_ Mail-order: \_\_\_\_\_

City: \_\_\_\_\_ Tel: \_\_\_\_\_

**1. How are the medications given?**

- A. By me \_\_\_\_\_ By Caregiver \_\_\_\_\_
- B. Multi-dose Vials (pill vial) \_\_\_\_\_ Mediset (box, organizer) \_\_\_\_\_ Not sure \_\_\_\_\_
- C. Swallows \_\_\_\_\_ Feeding Tube \_\_\_\_\_
- D. Are any of the tablets crushed or capsules opened?  
 No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, please explain \_\_\_\_\_

**2. How many doses of medications were missed in the past week?**

No doses were missed \_\_\_\_\_ 1-2 Doses \_\_\_\_\_ 3-4 Doses \_\_\_\_\_ More than 4 doses were missed \_\_\_\_\_

**3. What medications are you currently taking?** (Please list **ALL** medicines prescribed by any medical doctor, including dentist, podiatrist, and nurse practitioner)

Name of Medication	Strength of each pill	How often is it taken?	How long has the subject been taking it?	What is it taken for?
1.				
2.				
3.				

*(Please use next page to list more medications)*

**Additional space to list medications the client is currently taking:**

Name of Medication	Strength of each pill	How often is it taken?	How long has the subject been taking it?	What is it taken for?
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				

**4. What other prescription medications, now discontinued, have you taken in the past 15 days?**

Name of Discontinued Medication	Reason medication was stopped
1.	
2.	
3.	
4.	

(Please use reverse side to list more medications)

**5. What medications are you taking that do not require a prescription?** (This includes medications purchased in a Pharmacy, Drug Store, Grocery Store, Mail-Order, etc. Examples: Tylenol, Benadryl, etc.)

Name of Medication	How often is it taken?	What is it taken for?
1.		
2.		
3.		
4.		
5.		

(Please use reverse side to list more medications)

What do you take for pain? \_\_\_\_\_ How often? \_\_\_\_\_

Does it relieve the pain? Yes\_\_\_ No\_\_\_

What do you take for upset stomach or constipation? \_\_\_\_\_ How often? \_\_\_\_\_

**6. What Herbal Medicines do you take?** (These include all home remedies, herbal teas and herbal pills, amino acids, and nutritional supplements purchased in a health food store)

Name of Herbal Medicine (If available, include Brand Name and Generic Name)	Please list Active Ingredients below (often found on back of bottle or box)
1.	
2.	
3.	
4.	
5.	
6.	
7.	

(Please use reverse side to list more medications)

Where were these herbal medications purchased? Place a check mark by all that apply:

Pharmacy\_\_\_ Health Food Store\_\_\_ Herbal Store\_\_\_ Herbalist\_\_\_ Mail order\_\_\_

I grow my own herbs\_\_\_\_\_ Other (please name):\_\_\_\_\_

Do you believe any of these medications have improved your condition? Yes\_\_\_ No\_\_\_

If Yes, which products and what was their effect:\_\_\_\_\_

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**\*\*Please bring these herbal medications and other medications to the first clinic visit. \*\***

**7. What Vitamins and Minerals do you take?**

Multi-vitamin:\_\_\_ Brand:\_\_\_\_\_ Strength:\_\_\_\_\_ # of tablets per day:\_\_\_\_\_

Vitamin C:\_\_\_ Brand:\_\_\_\_\_ Strength:\_\_\_\_\_ # of tablets per day:\_\_\_\_\_

Vitamin E:\_\_\_ Brand:\_\_\_\_\_ Strength:\_\_\_\_\_ # of tablets per day:\_\_\_\_\_

Other (Name, brand, strength, # per day):\_\_\_\_\_

Other (Name, brand, strength, # per day):\_\_\_\_\_

(Please use reverse side to list other Vitamins and Minerals the subject takes)

**8. How often do you drink alcohol?**

Never\_\_\_ Once a Month\_\_\_ Once a Week\_\_\_ Once a Day\_\_\_ More than one drink per day\_\_\_

When was the last drink?\_\_\_\_\_ Is alcohol ever used to improve sleep or reduce anxiety? Yes\_\_\_ No\_\_\_

When the client drinks alcohol, what does he/she drink?\_\_\_\_\_

**9. Do you smoke cigarette or cigars or chew tobacco?**

No, has never smoked\_\_\_\_\_ Do not smoke anymore, quit smoking on:\_\_\_\_\_

Yes, he/she smokes: Less than 1 pack per day\_\_\_ 1 pack per day\_\_\_ More than 1 pack per day\_\_\_

How long have you smoked?\_\_\_\_\_

**10. How much of the following beverages do you drink?**

**Coffee:** Does not drink coffee:\_\_\_\_\_ Drinks 1 cup or less/day\_\_\_\_\_ Drinks 1-2 cups/day\_\_\_\_\_  
Drinks 3-5 cups/day\_\_\_\_\_ Drinks more than 5 cups/day\_\_\_\_\_  
Drinks only decaffeinated coffee\_\_\_\_\_

**Tea:** Does not drink tea:\_\_\_\_\_ Drinks 1 cup or less/day\_\_\_\_\_ Drinks 1-2 cups/day\_\_\_\_\_  
Drinks 3-5 cups/day\_\_\_\_\_ Drinks more than 5 cups/day\_\_\_\_\_  
What kind of tea does he/she drink?\_\_\_\_\_

**Soft Drinks with Caffeine** (for example: Coke, Pepsi, Mountain Dew, Jolt, Dr. Pepper):

Does Not Drink Soft Drinks\_\_\_ Yes, Drinks Soft Drinks\_\_\_ How many 12 oz. cans/day?\_\_\_\_\_

**11. Within the past month, have you used marijuana or other social drugs such as stimulants, hallucinogens, narcotics or sedatives (not prescribed by a physician)?**

No\_\_\_\_\_ Yes\_\_\_\_\_ If yes, please specify:\_\_\_\_\_

**12. In the past week, have you taken any medications prescribed for someone else?**

Check All That Apply:

No\_\_\_\_\_ Yes\_\_\_\_\_ If yes, what is (are) the name of the medication(s)?\_\_\_\_\_

**13. Did the client receive a flu shot last year?**

No\_\_\_\_\_ Yes\_\_\_\_\_

This year? No\_\_\_\_\_ Yes\_\_\_\_\_ Not yet, but plan to receive the flu shot\_\_\_\_\_

**14. Hav you ever had a bad reaction to any medication or experienced any drug allergy?**

No\_\_\_\_\_ Yes\_\_\_\_\_ If yes, please name the medication(s):\_\_\_\_\_

Reaction type: Rash\_\_\_\_\_ Shortness of Breath\_\_\_\_\_ Other (please describe):\_\_\_\_\_

Did the reaction require treatment? No\_\_\_\_\_ Yes\_\_\_\_\_ What was the treatment?\_\_\_\_\_

When did this reaction occur?\_\_\_\_\_

Has he/she ever tried the medication again? No\_\_\_\_\_ Yes\_\_\_\_\_ If yes, what happened?\_\_\_\_\_

Does he/she have an allergy to: Penicillin\_\_\_ Sulfa-containing drugs\_\_\_ Aspirin\_\_\_  
Local Anesthetic\_\_\_ Other (describe)\_\_\_\_\_

**15. Are you on a special diet?**

No\_\_\_\_\_ Yes\_\_\_\_\_ If yes, please describe:\_\_\_\_\_

**Thank you** for taking the time to complete this medication history form.